

Recipe

Green Papaya Salad

Category Salad

Description

Sweet, Tangy, Crispy and delicious, this salad goes perfect with a hot meal.



Ingredients

Servings

4

2.00	Med	Green Papaya	Julienned
0.50	С	Lime Juice	
1.00	Т	Fish Sauce	to taste
0.25	С	Shallot	optional
0.50		Jalepeno	or other hot pepper
3.00	Т	Palm Sugar	to taste
1.50	t	Garlic	
0.25	С	Carrots	shredded or very finely julienned
2.00	Т	Mint	finely chopped
2.00	Т	Cilantro	finely chopped
2.00	Т	Peanuts	roughly chopped - sprinkle on top
Instruction			

In a blender combine the lime juice, fish sauce, shallot, chiles, sugar and garlic and blend until smooth. Set aside for 15 minutes to allow flavors to blend.



From Yacht Chef Sandy aboard S/Y Le Rêve www.yachtchefsandy.com

In a medium non-reactive mixing or salad bowl, combine the papayas, carrots, mint leaves and chopped cilantro. Add the dressing and toss to combine thoroughly. Garnish with the cilantro leaves and chopped peanuts. Serve immediately.